

# SURYODAY TRUST NEWSLETTER



Vol.9 | Apr-Jun 2025



***"Education is the most powerful weapon which you can use to change the world and this includes inclusive education for every child, regardless of ability."***

***-A P J ABDUL KALAM.***



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# Note from the Trustees



Dear Well-wishers,

As we complete 15 years of caring for the special children, we extend our heartfelt gratitude to each one of you for your unwavering support and belief in our mission at Suryoday Trust. Your encouragement empowers us to keep growing and evolving for the betterment of our children and young adults.

We are happy to share that we have expanded our Vocational Training Centre (VTC) offerings for young adults by partnering with We Worth. This collaboration enhances skill development opportunities, preparing our students for greater independence and employability, ensuring continuity in learning and skill-building for our students. The energy, enthusiasm, and dedication shown by our young trainees have been truly inspiring as they continue to create beautiful handcrafted products with pride.

Additionally, we are pleased to welcome new professionals to our team this year. 2 Clinical Psychologist has been onboarded to provide specialized behavioral and emotional support not only to our students but also to guide parents through challenges and progress. This step reinforces our commitment to providing holistic care that nurtures both the minds and hearts of our learners.

Thank you once again for walking alongside us in this journey of inclusion, empowerment and transformation.

Warm regards,  
Sundar Iyer  
Founder Trustees.





# Celebrating 15 Years of Impact at Suryoday Trust



This year marks a remarkable milestone 15 years of Suryoday Trust. What began as a small, heartfelt effort to uplift underprivileged children and young adults with Intellectual Disabilities (ID) has grown into a vibrant, inclusive institution transforming lives every day.

In 2010, our journey started with just three children in a modest rented space. Today, thanks to your unwavering support, we've built much more than a school, we've built a nurturing community where 135 children and young adults with ID receive holistic education, therapy, and vocational training in a state-of-the-art, fully accessible school in Vasai, inaugurated in 2024.

Our vision continues to expand. In 2023, we launched new vocational and skill development programs, equipping students with real-world abilities. By 2024, we opened a new centre in Bhayandar, further extending our reach to serve more families in need.

Over the past 15 years, your generosity has helped us foster independence, dignity, and purpose in the lives of hundreds of young individuals. But many still await their chance—to grow, to belong, and to thrive.



## Empowering Ability: Enhancing Motor Skill in Students with Special Needs

Motor skill both fine and gross are the building blocks of independence in everyday life. For students with special needs, challenges in motor development can significantly impact their ability to perform daily activities such as writing, dressing, feeding, or even walking and balancing. At Suryoday Trust, we recognize that every movement is a milestone, and our goal is to support our students in achieving these milestones through structured, individualized, and meaningful interventions.

### Understanding Motor Skill:

**Gross motor skill** involve the use of large muscle groups to perform tasks such as walking, running, jumping, sitting upright, and maintaining posture. These are essential for mobility, balance, and overall body coordination.



**Fine motor skill**, on the other hand, involve the coordination of smaller muscles, particularly in the hands and fingers, for activities such as grasping, drawing, buttoning a shirt, tying shoelaces, or handling tools.

For children and young adults with intellectual and developmental disabilities, delays or difficulties in either domain can hinder not just academic learning but also self-care, social integration, and vocational opportunities.

## The Impact on Daily Life:

- **Academic Performance:** Poor fine motor skills can affect writing ability, the use of classroom tools, and engagement with learning materials.
- **Self-Care:** Tasks like feeding, grooming, and dressing require a blend of fine and gross motor coordination. Lack of motor control can delay independence.
- **Mobility and Play:** Challenges in gross motor development can reduce a child's ability to participate in physical activities, leading to limited social interaction and low confidence.
- **Vocational Readiness:** Skills like sewing, painting, or crafting require fine motor precision – vital for livelihood training and future employability.

## Suryoday Trust's Holistic Approach

At Suryoday Trust, our approach to developing motor skills is integrated, practical, and child-centric. We believe in working with the child's abilities to unlock potential rather than focusing on limitations.

### 1. Occupational therapy Sessions

We conduct regular therapy sessions where trained professionals use targeted exercises and sensory integration techniques to improve muscle tone, posture, hand-eye coordination, and fine motor control.



## 2. Physical Exercise and Movement Games

Structured physical education programs help students with balance, gait training, jumping, climbing, and body coordination. Activities are customized to be fun, inclusive, and therapeutic.



## 3. Vocational Training:

Our vocational units provide students the opportunity to create handmade products like bags, pouches, and decorative items. These tasks enhance finger dexterity, bilateral coordination, and confidence while also giving them a sense of purpose.



## 4. Adaptive Tools and Techniques

We introduce customized tools such as:

- Thick pencils, pencil grips, loop scissors
- Adaptive buttoning boards
- Visual-motor integration games

These modifications allow students to participate in tasks more comfortably and successfully.



## 5. Parental Involvement and Home Plans

We regularly train parents and caregivers to reinforce motor skill exercises at home, creating consistency and speeding up progress.

### A Journey of Progress and Empowerment

Every student's journey at Suryoday Trust is filled with small yet significant victories from learning to zip their own bags to independently packing products they helped create. These achievements, though sometimes subtle, reflect immense progress in motor development and personal independence.

Motor skill development is not just about movement it's about moving forward. At Suryoday Trust, we continue to build pathways where students with special needs can walk, run, create, and thrive.



# Progress Across All Learning Divisions



This quarter marked significant strides in our special education program. Enhanced sensory integration therapies played a key role in improving cognitive abilities and motor coordination, resulting in higher student engagement and more meaningful learning experiences. We have revised and introduced new class room, that is secondary classes

## **Early Intervention :**

Our youngest learners showed steady progress in basic ADL skills (Activities of Daily Living), communication, and self-care routines. A nurturing and structured environment encouraged curiosity, independence, and positive behavior. Regular collaboration between teachers and families ensured personalized support, while integrated Speech & occupational therapies to boost attention spans and physical coordination.



## **Primary & Secondary Classes :**

These classes demonstrates consistent progress across multiple developmental areas. With a strong foundation in Activities of Daily Living (ADL) skills, students gradually transitioned to structured academic learning tailored to their individual needs. Regular therapies including speech, occupational, and counselling, plays a vital role in enhancing attention, motor skills, and communication. Alongside academics, students actively participated in co-curricular activities such as art, music, and sports, promoting creativity, self-expression, and teamwork.



### **Pre-Vocational Class:**

Students in this group made encouraging progress in daily living and functional academic skills. The curriculum focused on building independence and preparing them for future work-related tasks. Close involvement of families through regular updates and planning meetings helped sustain student motivation. Joint efforts by educators and therapists enhanced communication and task performance in classroom routines.

### **Vocational Class:**

Our vocational training students demonstrated notable improvements in workplace behavior, task accuracy, and overall autonomy. In this academic tenure, we have started with classes in summer vacation as well, for the students to provide inhouse work experience. A well-balanced approach of classroom instruction and practical exposure helped them simulate real-world work environments. Continuous parental engagement ensured consistency between home and training goals, further reinforcing skill development.





For Vocational Training, we collaborated with We Worth to broaden our offerings for young adults. This partnership introduces enhanced skill development programs that empower our students to build confidence, foster independence, and better prepare for future employment opportunities.

## Building Spirit and Strength Through House Teams

In this new academic year, at Suryoday RBL School, students are grouped into four vibrant houses — **Topaz, Emerald, Ruby, and Sapphire** to encourage teamwork, leadership, and a sense of belonging. These houses foster healthy competition through various academic, cultural, and sports activities, helping students develop confidence, cooperation, and school spirit. Each house represents unique values and colors, creating a dynamic environment where every child can shine and grow together as a community.



# Creative Bonds

## Art & Craft Workshop with Pidilite Unites Students and Parents

Suryoday RBL School recently hosted a vibrant Art & Craft Workshop in collaboration with Pidilite, bringing together students and parents for a day of creativity and bonding. Guided by expert facilitators from Pidilite, participants explored various techniques using Fevicyl products, creating colorful and imaginative artwork. The session was designed to enhance fine motor skills, spark artistic expression, and encourage collaborative learning between children and their parents.

The workshop created a joyful and engaging atmosphere where families worked side by side, discovering new talents and enjoying quality time together. It was heartening to see parents actively participate and support their children's creativity, making it a memorable and meaningful experience for all. We thank Pidilite for this enriching opportunity that inspired confidence, connection, and creativity within our school community.



# Meaningful Connections

## Key Visits and Collaborations:

In this quarter, Suryoday RBL School welcomed several esteemed visitors and partners, each contributing to our mission of inclusive education and community engagement. We were honored to host representatives from FUCHS, Dr. Narendra Rathi, and Mr. Jagdish Halan, whose visits helped us share our impact and explore avenues for future collaboration. A special visit by AMA Stays & Trails (a Taj Group brand) brought valuable insights and encouragement to our team and students.

Additionally, this quarter also included a meaningful engagement with CRODA, deepening our connections with industry supporters. These visits and workshops have energized our school environment and strengthened our belief in the power of collective support to uplift children with intellectual and developmental disabilities.

## VISIT BY FUCHS





# VISIT BY DR. NARENDRA RATHI



## VISIT BY AMA STAYS & TRAILS (TAJ GROUP\* INDIA HOTELS BRAND)





# VISIT BY MR. JAGDISH HALAN



## VISIT BY CRODA





# Generous Givers

## *Individual*



|                            |                                      |
|----------------------------|--------------------------------------|
| <b>A P Chandra</b>         | <b>Madhusudan Mangtural Seksaria</b> |
| <b>A P Kamath</b>          | <b>Nayana Dedhia</b>                 |
| <b>Aditya Arora</b>        | <b>Philomena Greta Anandan</b>       |
| <b>Anita Rajesh Chitre</b> | <b>Prashant Chafekar</b>             |
| <b>Devarshi Pathak</b>     | <b>Rajesh Kantilal Vakil</b>         |
| <b>Dhruba Shah</b>         | <b>Shiva Gulvady</b>                 |
| <b>Dr Ramkumar Murthi</b>  | <b>Srinivasan Seshadri</b>           |
| <b>Guneet Singh Bali</b>   | <b>Vikas R Kasat</b>                 |
| <b>John Delle</b>          | <b>Vinayak Hajare</b>                |
| <b>Kalpana Mazumdar</b>    | <b>Vrushali Shelar</b>               |

## *Corporate*

|                                       |
|---------------------------------------|
| <b>Creative Newtech Limited</b>       |
| <b>ICAN BPO</b>                       |
| <b>Impel Services Pvt Ltd</b>         |
| <b>Pathai Foundation</b>              |
| <b>Vaibbhav Ashok Goel Foundation</b> |

# Board of Trustees



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Former CFO  
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**Sachin Raje**  
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**Anil Dron**  
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**Ulhas Deshpande**  
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**Dr. Ramkumar**  
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**Shanta Vallury**  
Gandhi  
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CSR- RBL Bank

# Advisory Committee



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Alumni IIT & IIM  
Ex-Chief Marketing and  
Strategy officer,  
Diversey Inc. USA



**OPK Joshua**  
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Member - Goregaon  
Sports Club



**Reema Gulati**  
Yoga philosophy and  
life school concept  
teacher at The Yoga  
Institute of Santacruz.  
Member-Street  
Konnnect



**Srinivas Narayanan**  
Principal Consultant,  
Ingroup Consulting.



**Dr. Shobha Shetty**  
Ex-Principal  
Punarvas special School



**Amit Potnis**  
IT leader & Group CIO  
(Media/CPG industry)

# School Team



**Anusuya Pradhan**  
(Principal)



**Anjali Kumari**  
(Special Educator)



**Gulafsha Shaikh**  
(Computer Teacher)



**Mable Rodrigues**  
(Special Educator)



**Prachi Gemini**  
(Special Educator)



**Preeti Nirmal**  
(VTC Trainer)



**Ramratan Sawarbandhe**  
(Special Educator)



**Samita Harijan**  
(Special Educator)



**Sairina Dabre**  
(Special Educator)



**Sushma Virkar**  
(Special Educator)



**Swati Margale**  
(Special Educator)



**Stephy Tuscano**  
(Special Educator)



**Tejaswini Lopes**  
(Special Educator)

# Management Team



**Meera Nair**  
(Sr. Project Mgr)



**Vaishnavi More**  
(Sr. Project Mgr)



**Diksha Ahire**  
(Project Co-ordinator)



**Kangkana Rajbongshi**  
(Project Co-ordinator)



**Sanket Ghawali**  
(Accounts & Admin Head)

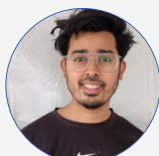


**Tushar Belwalkar**  
(HR & Admin)

# Consultants



**Aakash Trivedi**  
(Project Mgr -School Bldg)



**Abhishek Das**  
(Dance Teacher)



**Avinash Mahadik**  
(Sports Teacher)



**Avadhut Magar**  
(Art & Craft Expert)



**Dr. Hetvi Vira**  
(Occupational Therapist)



**Dr. Kiran Pal**  
(Occupational Therapist)



**Mukesh Ladane**  
(Speech Therapist)



**Simi Shibu**  
(Clinical Psychologist)



**Shreya Jaokar**  
(Clinical Psychologist)



**Neeta Patil**  
(Merchandizing Expert)



**Yashodhan Kadam**  
(Music Teacher)

# Bhayandar VTC Team



**Meena Bansode**  
(Centre Head)



**Sonam Mathkar**  
(Special Educator)



**Mahima Gangoda**  
(Pre-Voc Teacher)



## **Empower Lives by Donating at:**

### **Bank Account Details:**

**Cheque favoring:** Suryoday Trust

**Account no.:** 50100178536761

**IFSC Code:** HDFC0000411

**Bank Name:** HDFC Bank

**Bank Address:** China Link, Ground Floor, Opp.Goregaon Sport Club,  
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## **Reach out to us:**

### **Registered Office Address:**

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### **SURYODAY RBL SCHOOL Address:**

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Bhuigaon, Vasai West, Palghar- 401201

### **Vocational Training & Skill Development Centre Address:**

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### **For more details:**

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